

Community Support

Alliance for African Assistance (619) 286-9052
www.alliance-for-africa.org

Chicano Federation (619) 285-5600
www.chicanofederation.org

Deaf Community Services of San Diego (619) 398-2441
www.dcsosfsd.org

TTY (619) 398-2440

MAAC Project (619) 426-3595
www.maacproject.org

Salvation Army (619) 231-6000
www.sandiego.salvationarmy.org

San Diego Urban League, Inc. (619) 263-3115
www.sdul.org

Union of Pan Asian Communities (UPAC) (619) 232-6454
www.upacsd.com

Health Care

California Children Services (619) 528-4000

CHDP Program (for children) (800) 675-2229

Council of Community Clinics (800) 640-1662
www.ccc-sd.org

Family Health Centers of San Diego (619) 515-2300
www.fhcsd.org

Public Health Centers (offices)
Chula Vista (619) 409-3110
City Heights (619) 229-5400
El Cajon (619) 441-6500
Escondido (760) 740-4000
Oceanside (760) 967-4401
Pacific Beach (858) 490-4400

Reach Out (858) 300-1207
www.reachoutforhealth.org

San Diego Kids Health Assurance Network (800) 675-2229
www.sdkhan.org

Shiley Eye Center (858) 534-2020
http://eyesite.ucsd.edu

Counseling & Mental Health

Children's Developmental, Evaluation Clinic (858) 966-5817
www.chsd.org

Jewish Family Service of San Diego (877) 537-1818
www.jfssd.org

Postpartum Health Alliance (619) 685-7458
www.postpartumhealthalliance.org

Hotline (800) 773-6667

San Diego Access and Crisis Line (800) 479-3339
TTY (619) 641-6992

YMCA CRS Health Line (800) 908-8883

Literacy Programs

Family Literacy Foundation (858) 481-7323
www.read2kids.org

READ/San Diego (800) 576-1176
(free adult and family literacy program)

San Diego Council on Literacy (888) 850-7323
www.literacysandiego.org

San Diego County Library (858) 694-2414
www.sdcl.org

San Diego Public Library (619) 236-5800
www.sannet.gov/public-library

CHILD DEVELOPMENT ASSOCIATES, INC.

Administrative Office
678 Third Avenue, Suite 201
Chula Vista, CA 91910
(619) 427-4411



Family Resources

A Guide to Resources for CDA Families

Child Development Associates, Inc.
Caring For Our Future

General Parent Resources Information

Resource Information dial 211
www.211sandiego.org/211/

Child Abuse & Family Violence

Casa de Paz (YWCA San Diego) (619) 234-3164
www.ywcasantiego.org

Center for Community Solutions (858) 272-1767
www.ccssd.org

Chadwick Center for Children and Families (858) 966-5803

Domestic Violence Hotline (858) 385-4657

San Diego Family Justice Center (866) 933-4673
www.familyjusticecenter.org

San Diego County Children's Services Child Abuse Hotline (800) 344-6000

Women's Resource Center (760) 757-3500

Poison Control

California Poison Action Line (800) 876-4766
www.calpoison.org
TTY (800) 222-1222
(800) 972-3323

Child Development

Children's Care Connection (858) 966-8931
www.howkidsdevelop.com

Children's Hospital, Developmental Services (858) 966-5817
www.chsd.org

Exceptional Family Resource Center (800) 281-8252
www.efrconline.org

Family Health Centers of San Diego (619) 515-2406
www.fhcsd.org

San Diego Regional Center: California Early Start Program
www.sdrc.org

(Birth to 3 years) (858) 496-4318
(3 years and older) (858) 576-2938

TOTLINE Counseling Line (858) 541-5250

YMCA CRS Health Line (800) 908-8883

Dental

Anderson Center for Dental Care (800) 788-9029

Children's Hospital, San Diego (858) 966-4094

Share the Care www.sharethecaredental.org

Pregnancy & Birth

Birth Resource Network (doulas) (619) 525-7753
www.birthresourcenetwork.org

Black Infant Health Program (619) 266-7466
www.bihsandiego.org

Childbirth Education Association (619) 460-5051
www.ceasandiego.com

Perinatal Care Network (PCN) (800) 675-2229

South Bay Community Services (619) 420-3620
www.southbaycommunityservices.org

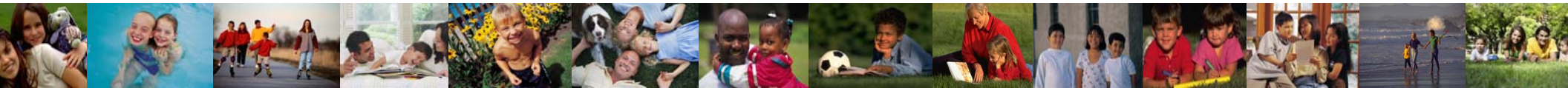
Welcome Home Baby (877) 504-BABY
www.pph.org

Legal

Consumer Center for Health Education & Advocacy
www.healthconsumer.org (877) 734-3258

Legal Aid Society of San Diego, Inc. (877) 534-2524
www.lasdsd.org (760) 722-1935

San Diego Mediation Center (619) 266-7223



Homeless Services

The Salvation Army (619) 231-6000
St. Vincent de Paul Village (619) 233-8500

Immunizations

Baby Shots Line (619) 692-8661
www.immunization-sd.org

Parent Education & Support

Exceptional Family Resource Centers (800) 201-8252
www.efrconline.org

Parenting Link (858) 300-1211
www.informsandiegofamilies.org

Substance Use

Alcoholics Anonymous (619) 265-8762
www.aasandiego.org

Español (619) 280-7224
North County (760) 758-2514
North County Español (760) 758-6905

California Smokers Helpline (800) NO-BUTTS
www.californiasmokershelpline.org

Perinatal Case Management UCSD (858) 514-7545
(substance abuse during pregnancy)

SD County Alcohol & Drug Services (619) 584-5007

Food Assistance & Nutrition Education

San Diego Food Bank (866) 350-3663
www.sandiegofoodbank.org

American Red Cross WIC (800) 500-6411
www.sandiegowic.org

North County Health Services WIC (888) 477-6333
www.nchs-health.org

SDSU Foundation WIC (888) 999-6897
www.wic-sdsu.org

San Ysidro Health Center WIC (619) 426-7966
www.syhc.org

Scripps Mercy WIC (619) 260-3400