

Happy Labor Day! Enjoy your long weekend and then get ready because September is National Childhood Obesity Awareness Month! As Providers on the CACFP, you already do a lot to help prevent childhood obesity by serving fresh fruits and vegetables and encouraging children to eat healthy foods. This month try to spread the word by reaching out to parents. Encourage families you serve to make small changes like keeping fresh fruit within reach or going on a family walk after dinner. For more ways to make a difference in your community, visit <http://www.cdc.gov/features/childhoodobesity/>

Reminders

» Be ready for your Monitor or a State auditor to visit you at any time. Keep your paperwork up to date, have your license and Building for the Future poster posted, and be sure to follow the Meal Pattern, which should be posted in your food prep area for easy reference. Train your staff on all of the food program requirements and how to access your paperwork in case your Monitor or an auditor visits while you are away.

» Annual Renewals are continuing this month. You must date and submit your report in the month that it is due. Do not hold onto renewals waiting for one or two signatures; submit them by the due date and send in missing children’s renewals when they return to care. If your last name begins with the letter:

A - F: Your renewals were due July 15th.

G – L: Your renewals were due Aug. 15th. If you have not yet submitted your renewals, the children in your care are not actively enrolled and cannot be claimed for reimbursement until your renewals are received.

M – R: Your renewals are due September 15th. Your information was mailed to you at the end of August.

S – Z: Due October 15th (mailed to you at the end of September)

» Daytime meals claimed for children with *after school hours only* will be disallowed if In/Out times are used incorrectly. Remember to provide both the IN time and the OUT time. Both are required to verify a child’s attendance.

» Nutrition Program Fax Number has changed. The new fax number is **619-434-5110**. You will be able to use either fax number for the next few months, however we recommend that you switch to the new number now so that you are prepared for the future.

Reminders

» Next month on October 16th, the 3rd annual National CCFP Roundtable Provider Leadership Institute will be held at the Omni Rancho Las Palmas in Rancho Mirage near Palm Springs. This amazing education opportunity is only available to 50 lucky registrants and will include amazing guest speakers, tools to help you enrich your business, wonderful networking opportunities, lots of fun and a few surprises. Do not miss out on this! Register today by visiting <http://ccfprtconference.weebly.com/> and clicking on CACFP Family Child Care Provider Leadership Day!

» Please visit our CDA website to view the Leadership Institute flyer, our monthly updates, information on processed foods and deli meats, and other important information to help you be successful on our program.

» Effective September 1st: all online providers will have to complete their daily claim by 10pm. If not completed by 10pm, you will not be reimbursed for that day and Daily Meal Worksheets will not be accepted. If you have any questions, please speak to your Monitor or call the office.

Creamy Pea Salad

Ingredients:

- 1 16-ounce bag frozen peas, thawed and drained
- 1/2 cup plain yogurt
- 1 Tbsp lemon juice
- 1/2 tsp salt
- 3-4 sprigs fresh mint, minced



Directions:

Mix together yogurt, lemon juice, salt and minced mint until well combined. Add peas to the mixture and toss to coat. Refrigerate until ready to serve.